



SOVI & SOAR EMPOWERING YOUTH AND WOMEN THROUGH ORGANIC FARMING

Organization Name PSM Charity

Email impact@psmcharity.org

Contact +25641-467-2954

EXECUTIVE SUMMARY

Overview | The "Sow & Soar" initiative aims to empower youth and young mothers in Uganda through organic farming and entrepreneurship, improving economic independence and food security while promoting environmental conservation.

Funding Needed | We are requesting \$100,000 to scale our impact, benefiting 350 individuals directly and contributing to long-term community resilience.

Impact Statement: | "Together, we can transform communities by turning sustainable agriculture into a pathway for economic mobility."

ORGANIZATION BACKGROUND

About Us: | PSM Charity is committed to transforming the lives of vulnerable groups through education, economic empowerment, and environmental stewardship.

Our Experience | We have impacted over 600 families with programs that focus on practical training and sustainable community development.



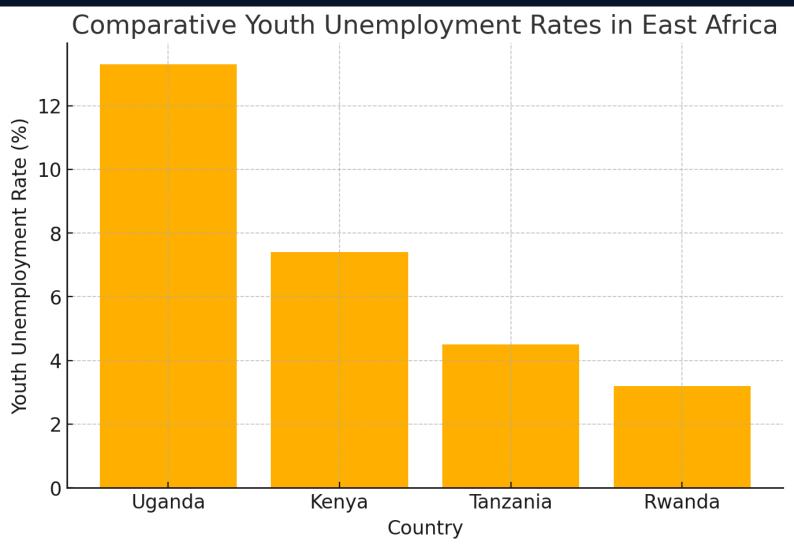
PROBLEM STATEMENT



The Challenge | Youth and young mothers in Uganda face significant barriers to economic stability and food security, with limited opportunities for sustainable income and education.

Impact of the Problem | These barriers perpetuate cycles of poverty, malnutrition, and environmental degradation.

Why It Matters | Addressing this issue empowers communities and aligns with global goals for sustainable development.





PROJECT DESCRIPTION

Goals

- Provide organic farming and business training to 350 youth and women.
- Increase household income by 50% within the first year.
- Enhance food security and promote sustainable environmental practices.

Activities

- Training Programs | Workshops on organic farming and financial literacy.
- CSA Model | Connecting farmers directly to local markets.
- Monitoring & Evaluation | Ongoing assessment to measure impact and improve the program.

BUDGET OVERVIEW

Total Requested = \$100,000

Breakdown

Training and Mentorship Programs = \$30,000

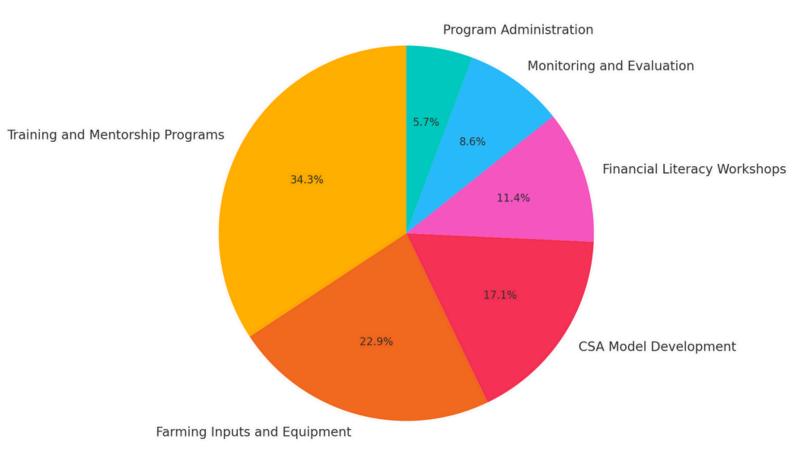
Farming Inputs and Equipment = \$30,000

CSA Model Development = \$15,000

Financial Literacy Workshops = \$10,000

Monitoring and Evaluation = \$10,000

Program Administration = \$5,000







EXPECTED OUTCOMES & IMPACT

Short-Term | 350 individuals trained, increased income, improved food security.

Long-Term | A self-sustaining community model that can be replicated in other regions, contributing to climate resilience and economic stability.

Sustainability | Our focus on skills and market access ensures lasting impact beyond the funding period.

Testimony

Before joining the Sow & Soar program, I struggled to provide for my family. The training in organic farming and financial literacy gave me the skills to start my own farm and earn a stable income. Now, I can feed my children nutritious meals and send them to school. This program changed my life and gave me hope for a brighter future. Olivia Nakeeya Program Participant (pictured above)

PARTNERSHIPS AND COLLABORATIONS

Key Partners | UgoCert, Local Agricultural Extension Offices, Community Savings Groups.

Their Role | Provide technical training, policy alignment, and financial literacy support.

CONCLUSION & CALL TO ACTION

Why Support Us | Investing in "Sow & Soar" is investing in a future where youth and women drive economic and environmental progress in their communities.

Next Steps | Let's work together to make this vision a reality. We welcome the opportunity to discuss this proposal further and explore potential synergies.

